This is my WOLF Handbook

My name is ________________________________

My den number is ______  My pack number is ______

My den leader’s name is ____________________

My den leader’s phone number is ______________

YOU SHOULD USE THIS BOOK IF

You are a boy who has completed the first grade or you are 8 years old.
Welcome to the Wolf Handbook!

I am Akela. I will be your leader and friend. I will guide you along the Wolf trail.
## Contents

**Pages**

**Parent Guide** ............................................... 1–7
   Your Son, Cub Scouting, and You  ................................. 1
   The Story of Akela and Mowgli  ................................. 8
   Welcome to the Wolf Cub Scout Den! ............................ 14–15

**Bobcat Trail** ............................................... 16–26
   1 Cub Scout Promise ........................................ 17
   2 The Law of the Pack. ....................................... 19
   3 Webelos .................................................. 21
   4 Cub Scout Sign .......................................... 22
   5 Cub Scout Handshake .................................... 23
   6 Cub Scout Motto ........................................ 24
   7 Cub Scout Salute ........................................ 25
   8 Child Protection Exercises ................................ 26
   Your Den .................................................. 27
   Your Pack ............................................... 31
   Your Uniform ............................................ 33

**Wolf Trail (Achievements)** ................................. 37–107
   1 Feats of Skill ........................................... 38
   2 Your Flag ............................................... 46
   3 Keep Your Body Healthy ................................ 56
   4 Know Your Home and Community ......................... 60
   5 Tools for Fixing and Building ............................ 64
   6 Start a Collection ...................................... 70
   7 Your Living World ...................................... 74
   8 Cooking and Eating ..................................... 78
How to help your son follow the Bobcat, Wolf, and Arrow Point trails

If you could give your son the greatest gift of all, what would it be? It wouldn’t be money or anything money can buy. Whether you are rich or poor, the greatest gift is within your power because that gift helps a boy become a person with a good feeling about himself and a genuine concern for others. Cub Scouting can help you provide this gift.

Your Son, Cub Scouting, and You

As a parent or guardian, you want your son to grow up to be self-reliant and dependable—a person of worth, a caring individual. Scouting has these same goals in mind for him.

Since 1910 we’ve been weaving lifetime values into fun and educational activities designed to help families teach their boys how to make good decisions throughout their lives and give them confidence as they become the adult leaders of tomorrow.

In a society where your son is often taught that winning is everything, Cub Scouting teaches him to do his best and be helpful to others as expressed in the Cub Scout Promise, motto, and Law of the Pack.

The Wolf den will involve your son in a group of boys his own age where he can earn status and recognition. There he will also gain a sense of personal achievement from the new skills he learns.
The Purposes of Cub Scouting

Cub Scouting is a year-round family-oriented part of the BSA program designed for boys who are in first through fifth grades (or are 7, 8, 9, and 10 years old). Parents, leaders, and organizations work together to achieve the 10 purposes of Cub Scouting:

1. Character Development
2. Spiritual Growth
3. Good Citizenship
4. Sportsmanship and Fitness
5. Family Understanding
6. Respectful Relationships
7. Personal Achievement
8. Friendly Service
9. Fun and Adventure
10. Preparation for Boy Scouts

Cub Scouting

Your Cub Scout is a member of a Wolf Cub Scout den. Most dens have six to eight boys and meet once a week. Den meetings are a time for learning new things and having fun. Dens are led by a team of adult volunteers—the den leader and assistant den leader(s). Den leaders are usually adult family members of boys in the den.

Your Cub Scout is also a member of a pack. Most packs have several dens and meet once a month. Pack meetings usually follow a suggested theme and are a time for boys to be recognized for their accomplishments during the month, to perform skits and songs they’ve learned in den meetings, and to have fun with the entire family.

Packs are led by a Cubmaster and pack committee. Like the den leaders, the Cubmaster and assistants are volunteers and are usually adult family members of boys in the pack. Most pack committees consist of adult family members and members of the pack’s chartered organization. The pack committee makes plans for pack meetings and activities and takes care of the “business” items necessary for a quality pack program.

The pack is owned by a community organization that is granted a charter by the Boy Scouts of America to use the Scouting program. This chartered organization might be a school, service club, religious
group, or other group interested in youth. The chartered organization approves the leadership of the pack, provides a meeting place, and operates the pack within the guidelines and policies of the organization and the Boy Scouts of America.

**Akelas’s OK**

As you look through this book, you’ll see places for “Akelas’s OK.” That usually means your okay. Akela (ah-KAY-la) is the boy’s leader. At home, that is you; at den meetings, it is the den leader; at school, it is the teacher. Almost all electives and achievements are done by you and your Cub Scout at home, not in the den meeting. This book is filled with more than 200 pages of activities for you and your son to enjoy together. Once your Cub Scout has done his best, you can approve the completion of the requirement and the den leader will record his progress in the den records.

**Notes for Akela**

Throughout the *Wolf Handbook*, special notes for you are printed along with the requirements for special projects that require the supervision and participation of adults. Watch for these “Notes for Akela.” They are printed in a smaller, different typestyle for your easy identification. This is an example:

NOTE for Akela: This is a note for the parent or other adult helping a Wolf Cub Scout along the trail.
Character Connections®

Cub Scouting’s Character Connections program helps your son know, commit, and practice Cub Scouting’s 12 core values while enjoying fun and adventure in his Wolf den. This symbol identifies Character Connections throughout this book and in other Cub Scouting materials.

Cub Scouting’s 12 Core Values

1. **Citizenship**: Contributing service and showing responsibility to local, state, and national communities.
2. **Compassion**: Being kind and considerate, and showing concern for the well-being of others.
3. **Cooperation**: Being helpful and working together with others toward a common goal.
4. **Courage**: Being brave and doing what is right regardless of our fears, the difficulties, or the consequences.
5. **Faith**: Having inner strength and confidence based on our trust in God.
6. **Health and Fitness**: Being personally committed to keeping our minds and bodies clean and fit.
7. **Honesty**: Telling the truth and being worthy of trust.
8. **Perseverance**: Sticking with something and not giving up, even if it is difficult.
9. **Positive Attitude**: Being cheerful and setting our minds to look for and find the best in all situations.
10. **Resourcefulness**: Using human and other resources to their fullest.
11. **Respect**: Showing regard for the worth of something or someone.
12. **Responsibility**: Fulfilling our duty to God, country, other people, and ourselves.
The Bobcat Trail

In Rudyard Kipling’s *The Jungle Book*, the black panther Begheera is the mighty hunter who teaches the cubs the skills of the jungle. In Cub Scouting we use the symbol of the Bobcat. The Bobcat rank is for all boys who join Cub Scouting. If your boy joined Cub Scouting as a Wolf Cub Scout, he must earn the Bobcat badge before receiving any other award or rank. You’ll find his trail (the requirements) on pages 16 through 35. Along this trail are the Cub Scout Promise, the Law of the Pack, and the Cub Scout motto. These are the three most important things a boy must learn because they will help him through all of the trails of Scouting.

One part of the Bobcat trail is to read and complete the exercises in the booklet *How to Protect Your Children from Child Abuse*. Child abuse is a problem in our society, and this booklet will help you help your child to avoid potentially abusive situations. **Note:** The booklet is provided as a tear-out section in the front of this book. Please do tear it out (that makes the book easier to handle), read it carefully, and keep it at hand for easy reference.

When you and your son have followed the eight tracks of the Bobcat, he may wear his Bobcat badge. It will be presented at the pack meeting.

The Wolf Trail

After your Cub Scout has earned his Bobcat badge, he can start along the Wolf trail. This is a big adventure for a boy, one the Boy Scouts of America hopes all boys will complete.

When you have okayed the tracks your son has filled in for all 12 achievements, he may become a Wolf Cub Scout. How quickly your son progresses is up to him and you. He should do his best to complete each track; that’s a part of the promise he made to become a Bobcat and it is the Cub Scout motto—Do Your Best. Don’t okay a track if you both know that he can do a better job. Move on to something else, then go back and try again.

The important thing is to keep him interested by working on the trail with him as often as possible.
Progress Toward Ranks

Your son doesn’t have to wait until he completes his entire Wolf trail before being recognized for his work. When he completes any three achievements, his den leader can present the Progress Toward Ranks emblem to him. It’s a diamond with a plastic thong, and is worn on the button of the right pocket of his uniform shirt. Each time he completes three achievements he will receive another gold bead. After he gets his fourth gold bead, he will be ready to receive his Wolf badge at a pack meeting.

The Arrow Point Trail

Your Cub Scout can also search the Arrow Point trail. On the Wolf trail, the main sections were called achievements, things that we would like all boys to do. On the Arrow Point trail, the main sections are called electives, choices that a boy can make on his own and with your guidance.

To earn a Gold Arrow Point to wear beneath his Wolf badge, a boy must complete any 10 elective projects of the more than 100 choices shown in the book. For every 10 additional electives he completes, the Wolf Cub Scout qualifies for a Silver Arrow Point to wear beneath the Gold. He can earn as many Silver Arrow Points as he wants until he completes the second grade (or turns 9). Arrow Points are presented at the pack meeting after he receives his Wolf badge.

Your son should begin earning achievements toward his Wolf badge as soon as he completes the Bobcat requirements. Completing electives for Arrow Points generally should wait until after he has earned his Wolf badge, and he cannot receive Arrow Points until he has been awarded his Wolf badge. He might, however, find some electives that he could be completing before he earns the Wolf badge. Some of the activities in “Sports,” Wolf Elective 20, might be
examples. As long as he completes these electives after he has earned his Bobcat, you may credit him for them, but be sure to keep him focused on the 12 achievements until he completes them.

Do Your Best

When has a boy completed an elective or achievement? When he, in your opinion as Akela, has completed the skill to the best of his ability. In Cub Scouting, boys are judged against their own standard, not against other boys.

If your Cub Scout has a mental or physical disability that prevents him from attempting an achievement, talk to your Cubmaster about using an elective as an alternative.
The Story of Akela and Mowgli

Baden-Powell, the founder of Scouting, based Cub Scouting on one of the stories in Rudyard Kipling’s *Jungle Book*. It was called “Mowgli’s Brothers.” We know it as “The Story of Akela and Mowgli.” Read the story twice, once to yourself and the second time to your Cub Scout.

Once upon a time in the jungles of India on a warm summer evening, Father Wolf awoke, stretched his paws, and prepared to go hunting. The moon shone into the mouth of the cave where Mother Wolf lay sleeping with their four young cubs. Suddenly, a shadow crossed the opening of the cave and a whining voice said, “Good hunting, o’ chief of the wolves, and good luck to your children.” It was Tabaqui, the sneaky little jackal who, because he is too lazy to hunt for himself, picks up scraps left by other animals.

Father Wolf told him, “There is no food here, but come in if you wish.”

Tabaqui said, “For a poor animal like myself a dry bone is a feast,” and in no time at all he was cracking away on a bone at the back of the cave. Now Tabaqui was always ready to make trouble and to talk about others. He said, “Shere Khan, the mighty tiger, has changed his hunting ground. He hunts in these hills for the next moon.” (Shere Khan was the tiger who lived about 20 miles away, near the big river.)

Father Wolf said, “By the Law of the Jungle, he has no right to change his hunting ground. He will scare the animals away for miles around.”
Tabaqui said, “I could have saved myself the trouble of telling you. You can hear him now in the jungle below.” And he trotted off to find the tiger.

Father and Mother Wolf listened. From the valley below, they could hear the angry whine of a tiger who had caught nothing and didn’t care if the whole jungle knew it.

“The fool,” said Father Wolf, “to start a night’s hunting with all that noise!” The whine changed to a humming-purr, which is the noise a tiger makes when he is hunting humans. Father Wolf said, “Are there not enough frogs and beetles that he must hunt humans?”

Just then there was a most untigerish howl from Shere Khan, and Mother Wolf said, “He missed! What happened?”

Father Wolf ran out a few paces and looked down to a clearing where there were several woodcutters’ huts. He said, “Shere Khan has had no more sense than to jump at the woodcutters’ fire. He burned his feet! Tabaqui is with him and they have frightened all the people away.”

“Listen,” Mother Wolf said, “something is coming up the hill. Get ready!”
Father Wolf crouched and sprang, but as he sprang, he stopped himself in midair because what he saw was a little boy!
“Man!” he said. “A man-cub. Look!”
“I have never seen one,” Mother Wolf said. “Bring him to me.”

Father Wolf brought him into the cave and put him down beside Mother Wolf. The boy snuggled close to the young wolf cubs. “How little he is,” said Mother Wolf.

Suddenly, the moonlight was blocked from the door of the cave by the great head and shoulders of Shere Khan.
“What does Shere Khan want?” said Father Wolf with angry eyes.
“The man-cub!” said Shere Khan. “Give him to me!”
Father Wolf said, “The wolves take orders only from Akela, the head of the wolf pack. The man-cub is ours.”
The tiger’s roar filled the cave with thunder. “The man-cub is mine. Give him to me!” said Shere Khan.
Mother Wolf sprang up quickly and said, “The man-cub is ours. You have frightened his family away. He shall not be killed. He shall live to run with the pack and hunt with the pack.”
Shere Khan knew he could not fight the two wolves in the cave; therefore, he went away growling, snarling, and saying, “We will see what the pack has to say about this man-cub.”

When the tiger had gone, Father Wolf said, “Shere Khan is right. What will the pack say?” But Mother Wolf had decided to keep him. And they called him Mowgli (“the frog”) because his skin was smooth and without hair. Mowgli stayed with the young cubs.

When they were old enough to run, Father and Mother Wolf set off with them one night, through the jungle to a meeting of the wolf pack at the Council Rock. The Law of the Jungle states that wolves must gather to look over the new wolf cubs of the pack, so that they will know them and take care of them when they see them in the jungle.

As each young wolf was pushed into the circle, Akela, the great leader of the wolf pack, sitting high on the Council Rock, called, “Look at each cub, o’ wolves. Look well.” At last it was Mowgli’s turn and Mother Wolf pushed him into the circle where he sat playing with some stones in the moonlight. Akela did not even twitch an ear as he called, “Look well, o’ wolves.”

From outside the circle came a roar from Shere Khan. “The man-cub is mine. Give him to me.” Some of the wolves took up the cry, “What do we want with a man-cub in the pack?”
There is a law that says if there is an argument as to the right of a cub to join the pack, two members must speak for him. Akela asked, “Who speaks for this cub?”

At first there was no answer, but then Baloo, the sleepy brown bear who teaches the cubs the Law of the Pack, stepped into the circle and said, “I will speak for the man-cub. Let him join the pack and I, myself, will teach him the law and the ways of the jungle.”

“We need another,” said Akela. “Who besides Baloo speaks?”

An inky black shadow dropped silently into the circle. It was Bagheera, the black panther, the mighty hunter who teaches the cubs the skills of the jungle. In his soft silky voice he said, “If there is a question about the right of a cub to join the pack, his life may be bought at a price. Isn’t that the law?”

“Yes,” said the pack.

“Then to Baloo’s good word, I will add fresh meat which is in the valley below, if you will accept Mowgli into the pack.”
The wolves cried, “Let him join. What harm can a man-cub do?” They looked him over; then, one by one, the wolves went down the hill, leaving Mowgli with Father and Mother Wolf, Baloo, and Bagheera at the Council Rock with Akela. Akela said, “Now take him away and teach him the Law of the Pack.”

And that is how Mowgli joined the Seeonee Wolf Pack.

The Boy Scouts of America hereby authorizes you, who have read this Parent Guide, to act as Akela. Indicate your willingness to serve by signing below.

I/We will be Akela in this Wolf Handbook:

Signature _______________________________  Date ___________
Signature _______________________________  Date ___________
Signature _______________________________  Date ___________
You have heard how Mowgli met Akela (say ah-KAY-la). Just as that story says, in a real wolf pack all the wolves look to Akela, the leader, for guidance—when to work, when to learn, when to play.

Akela makes sure each young wolf in the pack gets the chance to learn about the world, and how to get along with other members of the pack.

There are times when Akela romps and plays games with members of the pack. But there are times when Akela, with a movement of his head or a steady gaze, commands the young wolves’ attention.

Akela, the wolf pack leader, is caring and wise. He is both a friend and a teacher.

Like your parents or guardians, your teachers, and other adults who help you learn, Akela is your guide.

Throughout the pages of this book, Akela will guide you to your place in the pack. Along the Wolf trail, you will learn the Cub Scout Promise and the Law of the Pack.
You will learn new skills. You will try new things. Akela, your guide, will help you begin your exciting trail through Cub Scouting, and onward to the Webelos den.

**Come! Be a part of the pack. Follow the trail.**

We begin our trail by following Akela’s friend, the Bobcat. If you have not earned your Bobcat badge yet, follow his trail first to become a Bobcat Cub Scout and to earn your place in the pack.
Welcome to Our Pack!

Say hi to my friend the Bobcat. He has eight things for you to do.

HE SAYS

“Follow my Bobcat Trail.”

Fill in this track when you have completed all the Bobcat tracks. You may also mark the Trail Summary on page 233. When you have filled in all eight tracks, you can wear the Bobcat badge.
Learn and say the Cub Scout Promise and complete the Honesty Character Connection.

Cub Scout Promise

I, . . . . . . . . . . . . . . . . ,
promise to do my best
To do my duty to God and
my country,
To help other people, and
To obey the Law of the Pack.

When you say you will do something, that is a promise.

Duty to God means:
Put God first. Do what you know God wants you to do.

And my country means:
Do what you can for your country.
Be proud that you are an American.

To help other people means:
Do things for others that would help them.

Obey the Law of the Pack means:
Do what Akela asks you to do. Be a good Cub Scout. Be proud that you are one.
Honesty

Know. Discuss these questions with your family: What is a promise? What does it mean to “keep your word?” What does honesty mean? What does it mean to “do your best?”

Commit. Discuss these questions with your family. Why is a promise important? Why is it important for people to trust you when you give your word? When might it be difficult to keep your word? List examples.

Practice. Discuss with family members why it is important to be trustworthy and honest and how you can do your best to be honest when you are doing the activities in Cub Scouting.

When you can say the Cub Scout Promise and have completed the Honesty Character Connection on this page, fill in my track.

Akela's OK  __________________________ _______________
Date  Recorded by the den leader

18

The Law of the Pack

The Cub Scout follows Akela.
The Cub Scout helps the pack go.
The pack helps the Cub Scout grow.
The Cub Scout gives goodwill.
The Cub Scout follows Akela (say Ah-KAY-la).

Akela is a good leader.
Your mother or father or other adult member of your family is Akela.
In the pack, your Cubmaster is Akela.
Your den leader is Akela.
At school, your teacher is Akela.

The Cub Scout helps the pack go.

Come to all the meetings. Do what you can to help. Think of others in the pack.

The pack helps the Cub Scout grow.

You can have fun when you are a part of the pack. Learn things from others. Do things with them.

The Cub Scout gives goodwill.

Smile. Be happy. Do things to help others. Little things make a big difference.

When you can say the Law of the Pack and tell what it means, fill in my track.
Webelos

Webelos (say WE-buh-lows) has a special meaning that Cub Scouts know. It is We’ll Be Loyal Scouts.

Being loyal means that you will keep the Cub Scout Promise.

The Webelos Arrow of Light points the right way to go every day of the week. That is why the sun has seven rays—one for each day.

When you can tell what Webelos means, fill in my track.

Akela’s OK __________________________ Date __________________________ Recorded by the den leader
Show the Cub Scout sign. Tell what it means.

Make the Cub Scout sign with your right hand. Hold with your arm straight up.

Cub Scout Sign

The two fingers stand for two parts of the Promise—“to help other people” and “to obey.” They look like a wolf’s ears; this means you are ready to listen to Akela.

Give the Cub Scout sign when you say the Cub Scout Promise or the Law of the Pack.

When you can give the Cub Scout sign and tell what it means, fill in my track.

Akela's OK ___________________ Date ______________ Recorded by the den leader
Cub Scout Handshake

Here’s how to shake hands with another Cub Scout. Hold out your right hand just as you always do to shake hands. Put your first two fingers along the inside of the other boy’s wrist.

This means that you help and that you obey the Law of the Pack.

When you can shake hands as a Cub Scout and tell what the handshake means, fill in my track.
Cub Scout Motto

DO YOUR BEST is the Cub Scout motto.

It means
When you play a game, do your best to help your team.
When you study in school, do your best to learn from your teacher.
When you help at home, do your best to help your family.
Whatever you do, do your best.

When you know the Cub Scout motto and can tell what it means, fill in my track.
A salute is a way to show respect. We salute the flag to show respect to our country.

For the Cub Scout salute, use your right hand. Hold your fingers as you do for the Cub Scout sign. Keep the two straight fingers close together. Touch the tips of those fingers to your cap. If you are not wearing a cap, touch your right eyebrow.

When you can give the Cub Scout salute and tell what it means, fill in my track.

Akela's OK
Date
Recorded by the den leader
Child Protection Exercises

When you have completed these exercises with your parent or guardian, fill in my track.

8 Bobcat Trail

Akela’s OK __________________________ Date __________________________

Recorded by the den leader
Your Den

Your den is a group of boys who live in your general neighborhood. You might know and play with most of them.

About once a week you will meet with your den. Your den leader, the adult in charge of the meetings, will be Akela.

Your den leader will help guide you through the exciting Wolf trail that is part of the Cub Scout adventure. You will have fun doing that and other things.

You and other boys in your den will have fun getting ready for the pack meeting in many of your den meetings.

Cub Scouting is fun, and much of that fun starts in your den.

The den meeting is usually held in somebody’s home. It might be held in your home.
What do you do at a den meeting? Lots of things. You’d better be on time or you will miss something.

When you get there, Cub Scouts might be playing a game or doing a puzzle.

When all the Cub Scouts are there, it is time to start the meeting.
You might salute the flag or say the Cub Scout Promise.
Maybe you will play a game that has something to do with the month’s theme. Or you could do a stunt or skit or make something.

Before the meeting ends, you might be a part of the Living Circle ceremony. Hold out your left hand—palm down and thumb out. Hold the thumb of the boy on your left.

**DO**
Raise the Living Circle.
Lower it.
Raise it.
Lower it.
Raise it.
Lower it.
Raise it.

**SAY**
AH
KAY
LA
WE’LL
DO
OUR
BEST

Your Den 29
Or you might end the meeting with this Cub Scout closing in sign language.

May the guiding light of Akela

and the SPIRIT of SCOUTing

GO WITH YOU and

ME until our PATHS

cross again.

Before you leave the den meeting, do three things:

1. Help clean up the room.
2. Be sure you have all your things.
3. Thank Akela (your leader).

Go home and get ready for more fun.
Your Pack

You will meet members of other dens at a pack meeting.

A pack meeting includes a show that has a theme, such as Cub Scout fair, or blue and gold banquet. Each den takes a part in the show.
But pack meetings are not just for Cub Scouts. Pack meetings are for families. They watch while Tiger Cubs, you and other Cub Scouts, and Webelos Scouts do your stuff and get your badges.

Your pack might belong to a church or a school or something like that. Your pack meets there.

The pack leader is called a Cubmaster. The Cubmaster is Akela for the pack.
Now that you are a Cub Scout, you get to wear a uniform like the one shown on this page and page 35. It has blue pants or shorts and a blue shirt. There is a blue belt with a Cub Scout buckle, and a blue and gold neckerchief with a slide. You also wear an official navy blue cap with gold front panel and Wolf emblem.
You will earn lots of badges as a Cub Scout. These pictures show where to wear them on your uniform shirt.

Roll your neckerchief before you put it on. Here’s how:
The Blue and Gold
The blue in your uniform stands for truth and spirituality, steadfast loyalty, and the sky above. Gold stands for warm sunlight, good cheer, and happiness. When you wear the Cub Scout uniform, people will know you are trying to be good and helpful.

Wear It
Wear your uniform to den and pack meetings. Wear it whenever you take part in something Cub Scouts do. Keep your uniform clean and neat. Hang it in a closet or fold it and put it in a drawer or on a shelf.
Now, follow my **Wolf Trail**

My track is different from the Bobcat’s. Cats don’t show their claws, but wolves and dogs do.

Fill in my tracks as you follow my trail. This will help you keep track of your progress along the Wolf trail. Not all the tracks have to be filled in. Sometimes you can choose. You may also fill in the tracks on the Trail Summary on pages 233 and 234.
You are growing. You are getting stronger. Try these feats of skill. Test your speed. Test your balance. Test your strength.
**REQUIREMENT**

**1a** Play catch with someone 10 steps away. Play until you can throw and catch.

![Image of two children playing catch]

<table>
<thead>
<tr>
<th>Akela's OK</th>
<th>Date</th>
<th>Recorded by the den leader</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Akela's OK</th>
<th>Date</th>
<th>Recorded by the den leader</th>
</tr>
</thead>
</table>

**REQUIREMENT**

**1b** Walk a line back and forth. Do it sideways, too. Then walk the edge of a board six steps each way.

![Image of a boy walking on a board]

<table>
<thead>
<tr>
<th>Akela's OK</th>
<th>Date</th>
<th>Recorded by the den leader</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Akela's OK</th>
<th>Date</th>
<th>Recorded by the den leader</th>
</tr>
</thead>
</table>

**NOTE for Akela:** If a physician certifies that a Cub Scout’s physical condition for an indeterminable time won’t permit him to do three of these requirements, the Cubmaster and pack committee may authorize substitution of any three Arrow Point electives.
Do a front roll.

1c

Do a back roll.

1d

Do a falling forward roll.

1e
Do ONE of the following (f, g, h, i, j, k, or l).

DO THIS

**REQUIREMENT**

See how high you can jump.

1f

Prepare to blast off. Coil your body and then count down from 10 to zero.

When you come to zero, yell “Blast-off!” and jump as high into the air as you can. Land on your feet.

---

Akela's OK Date Recorded by the den leader
OR THIS

REQUIREMENT 1g

Do the elephant walk, frog leap, and crab walk.

Elephant walk

Frog leap

Crab walk

Akela’s OK  Date  Recorded by the den leader
Do this in shallow water with a grown-up who swims well.

NOTE for Akela: Measure at the side of the pool, or along the shore of a pond or lake.

NOTE for Akela: Check with the den leader or Cubmaster and be sure your Cub Scout follows all procedures of Safe Swim Defense when participating in any swimming, boating, or water activity.
**REQUIREMENT 1i**

Tread water for 15 seconds or as long as you can. Do your best.

---

**REQUIREMENT 1j**

Using a basketball or playground ball, do a—

- Chest pass
- Bounce pass
- Overhand pass

---

Akela’s OK  Date  Recorded by the den leader
**Requirement 1k**

Do a frog stand.

---

**Requirement 11**

Run or jog in place for 5 minutes.
The United States flag stands for our country. Learn some ways to honor your flag.
Pledge of Allegiance

I pledge allegiance to the flag of the United States of America and to the republic for which it stands, one nation under God, indivisible, with liberty and justice for all.

A **pledge** is a promise.  
**Allegiance** is to be true.  
**Republic** is our kind of government.  
**Nation** is a country.  
**God** is the one we worship.  
**Indivisible** is one that cannot be divided into pieces or parts.  
**Liberty** is freedom for you and for others.  
**Justice** is what is right and fair.

---

Achievement 2
REQUIREMENT

2b

Lead a flag ceremony in your den. Here are some ideas:

Get your den to stand in a straight line and face the U.S. flag. Salute and say the Pledge of Allegiance.

+ Flag

OR

Stand in a square formation. Bring in the U.S. flag. Salute and say the Cub Scout Promise.

OR

Stand in a circle around the U.S. flag. Salute and say the Pledge of Allegiance.

Akela’s OK ____________________________ Date ____________________________ Recorded by the den leader
Tell how to respect and take care of the U.S. flag. Show three ways to display it.

Be careful **not** to

1. Let the flag get dirty.
2. Let the flag get torn.
3. Let the flag touch the ground.

Can you think of other ways to care for your flag?

Display the flag inside and outside from your windows.
Learn about the flag of your state or territory and how to display it.
Displaying the state flag with U.S. flag and pack flag

WASHINGTON
WEST VIRGINIA
WISCONSIN

WYOMING

Achievement 2
Learn how to raise a U.S. flag properly for an outdoor ceremony.

Always salute as the U.S. flag is being raised or lowered on a flagpole. After it is down, fold it and put it in a safe place.

Participate in an outdoor flag ceremony.
With the help of another person, fold the U.S. flag.

Fold once.

Then fold again.

Fold corner up and over.

Now fold down.

Keep folding until it looks like this.

Tuck the end in here.

When the U.S. flag is folded correctly, it looks like the three-cornered hats worn during the American Revolutionary War and no red shows.

Akela's OK  Date  Recorded by the den leader
Be healthy and strong. Learn what to do to be healthy. Keep active to be strong.
On your chart, show how you follow these habits of good health:

- **Bathe or shower often; use soap.** Do this once a day, if you can. Mark on your chart when you do.
- **Wash your hands** before meals and after you use the toilet. Chart how many times a day you do this.
- **Brush your teeth** before you go to bed and after breakfast, and then mark it on your chart. Also brush your teeth or rinse your mouth after you eat.
- **Drink lots of water**—six or eight glasses every day. You could draw a little glass on your chart for every glass you drink.
- **Run and play outdoors**, but protect yourself from the sun. Use sunscreen. Wear a hat. (See the guidelines on page 196.) Chart how many minutes you are outdoors every day.
- **Get the sleep you need.** Chart how many hours you sleep each night.
1. If you have a cold, stay away from other people.

2. Get lots of rest.

3. Turn your head away from others when you sneeze or cough. Cover your mouth and nose.

4. Wash your hands often, and always wash them after you sneeze.
1. Tell a grown-up about the cut.

2. Let the cut bleed a little.

3. Wash it with soap and water.

4. Cover it with a stick-on bandage. For a big cut, get help fast.
Strive to do your best at home. Being responsible will help you be happy and safe. You should know what to do in case of emergency. Here are some things you should know and do whether you are home with your family or home alone. Taking care of yourself is a good way to be responsible and helpful in your home.
Include on your list the phone numbers for
• The police department
• The sheriff
• The fire department
• A doctor
• An ambulance service
• Adult family member
  (or members) at work
• Relatives at home
• Neighbors

  Can you think of other important numbers?

  Learn whether the 9-1-1 emergency service is available in your area and know how to use it if it is.

  Ask an adult in your family to teach you how to use all the different kinds of phones you might have in your house, such as a cell phone or a pager.

---

Tell what to do if someone comes to the door and wants to come in.

  NOTE for Akela: Discuss with your boy what to do if someone wants to come in when your boy is home alone.
**REQUIREMENT**

**Tell what to do if someone calls on the phone.**

NOTE for Akela: Discuss with your boy what to say if someone calls and your boy is home alone.

---

**REQUIREMENT**

**When you and your family leave home, remember to...**

- Turn off the lights.
- Close and lock the windows.
- Turn off the water.
- Take care of pets.
- Have my key.
- Lock all of the doors.

NOTE for Akela: Help your boy to make sure everything is taken care of before he leaves the house.
**REQUIREMENT 4e**

Talk with your family members. Agree on the household jobs you will be responsible for. Make a list of your jobs and mark off when you have finished them. Do this for one month.

NOTE for Akela: You can teach your boy responsibility by helping him find jobs he can do to help around the home.

---

**REQUIREMENT 4f**

Visit an important place in your community, such as a historic or government location. Explain why it is important.
You can make something if you know how to use tools. You can fix things that are broken.
Point out and name seven tools. Do this at home, or go to a hardware store with an adult. Tell what each tool does.

**Requirement 5a**

- **C-clamp** to hold things in place
- **Coping saw** for cutting curves in wood
- **Hacksaw** to cut metal
- **File** to smooth metal
- **Plane** to smooth wood
- **Handsaw** for straight cuts in wood
- **Claw hammer** to drive nails and pull them out
- **Awl** to punch holes
- **Adjustable wrench** to turn bolts or nuts

Akela’s OK    Date    Recorded by the den leader
**REQUIREMENT**

Show how to use pliers.

5b

**Slip-joint pliers**

Slip the joint this way for small jobs.

Slip the joint this way for big jobs.

**Needle Nose Pliers**

These are used to hold very small parts.

Akela’s OK __________________________ Date __________________________

Recorded by the den leader

66 Wolf Trail
REQUIREMENT

**5c**

Identify a Phillips head and a standard screw. Then use the right tool to drive and then remove one from a board.

1. Start a hole in the wood with an awl or a nail.

2. A screw with soap on it is easier to turn.

3. Twist the screw into the hole.

4. Pick the right screwdriver to fit the screw.

5. Turn the screw until the head is in the wood.

---

Akela's OK    Date    Recorded by the den leader
Show how to use a hammer.

**5d**

- Tap a nail to get it started.
- Lift up the hammer and drop it on the nail. Let the hammer do the work.
- If you bend the nail, pull it out this way.

**Block of wood**
REQUIREMENT

Make a birdhouse, a set of bookends, or something else useful.

NOTE for Akela: Birdhouse kits and other projects are available at your local Scout shop.
You can collect almost anything. Put your collection together so that you can show it to your family, den, and pack.
Positive Attitude

Know. Discuss with your family how a cheerful and positive attitude will help you to do your best at school and in other areas of your life.

Commit. Discuss with your family how gathering items for a collection may be difficult. How does a hopeful and cheerful attitude help you to keep looking for more items? Why is a positive attitude important?

Practice. Practice having a positive attitude while doing the requirements for “Start a Collection.”

REQUIREMENT 6a Complete the Character Connection for Positive Attitude.

Make a collection of anything you like. Start with 10 things. Put them together in a neat way.

Use an empty egg carton for stones or things like that.
Hold shells in place with wire or glue.

Use stamp hinges to put stamps in a book or use clear plastic holders.

Coin collection

Patch collection
Leaf collection

Only collect leaves that have already fallen from trees or bushes.

REQUIREMENT 6c

Show and explain your collection to another person.

I showed and explained my collection to ____________________

________________________ _______________ Akela’s OK Date Recorded by the den leader

Achievement 6 73
Our world is the only one we have. Take care of it. There are many ways you can help.

This achievement is also part of the Cub Scout World Conservation Award and Cub Scouting’s Leave No Trace Awareness Award. (See pages 226 and 227.)


**Know.** Discuss these questions with your family: What things have people done to show a lack of respect to our world? Why is it important to respect your environment and natural resources? How can you show respect for your environment?

**Commit.** Discuss with your family how you feel when you see places in your neighborhood that have lots of litter. Name one thing you can do to help the environment.

**Practice.** Practice being respectful while doing the requirements for “Your Living World.”

---

**REQUIREMENT 7a**

Complete the Character Connection for Respect.

**Respect**

Discuss these questions with your family:

- What things have people done to show a lack of respect to our world?
- Why is it important to respect your environment and natural resources?
- How can you show respect for your environment?

Discuss with your family how you feel when you see places in your neighborhood that have lots of litter. Name one thing you can do to help the environment.

Practice being respectful while doing the requirements for “Your Living World.”

---

**REQUIREMENT 7b**

Land, air, and water can get dirty. Discuss with your family ways this can happen.

---

**Achievement 7 75**
REQUIREMENT 7c

It takes a lot of energy to make glass, cans and paper products. You can help save energy by collecting these items for use again. Find out how recycling is done where you live. Find out what items you can recycle.

REQUIREMENT 7d

With an adult, pick up litter in your neighborhood. Wear gloves to protect your hands against germs and cuts from sharp objects.
Besides recycling, there are other ways to save energy. List three ways you can save energy, and do them.

1. ______________________
2. ______________________
3. ______________________

Keep the temperature in your home moderate—not too hot in the winter and not too cold in the summer.

Keep the refrigerator door closed.

Akela's OK Date Recorded by the den leader
It’s fun to be the cook. The cook fixes the meal and might or might not use a stove. You won’t need a stove for most sandwiches and salads.
Study the Food Guide Pyramid. Name some foods from each of the food groups.

Go to www.mypyramid.gov to learn exactly how many servings a day your body needs from each food group.

Grains—Make half your grains whole. Eat at least 3 ounces of whole-grain cereals, breads, crackers, rice, or pasta every day. (If it’s white, it’s not whole-grain.) One ounce is about 1 slice of bread, about 1 cup of breakfast cereal, or ½ cup of cooked rice, cereal, or pasta.

Vegetables—Vary your veggies. Eat more dark-green veggies like broccoli, spinach, and other dark leafy greens. Eat more orange vegetables like carrots and sweet potatoes. Eat more dry beans and peas like pinto beans, kidney beans, and lentils.

Fruits—Focus on fruits. Eat a variety of fruit. Choose fresh, frozen, canned, or dried fruit. Examples are apples, strawberries, bananas, peaches, grapes. Go easy on fruit juices (they high in sugar and low in fiber).

Fats, sugars, and salt (sodium)—Choose these with caution. Get most of your fat from fish, nuts, and vegetable oils. Eat less solid fats like butter, stick margarine, shortening, and lard. Check food labels to keep your saturated fats, trans fats, and sodium lower. Choose foods and beverages that are low in added sugar.

Milk—Get your calcium-rich foods. Go low-fat or fat-free when you choose milk, yogurt, and other milk products. If you can’t drink milk, choose lactose-free products or foods and beverages with added calcium.

Meat and beans—Go lean with protein. Choose low-fat or lean meats and poultry. Bake it, broil it, or grill it (don’t fry it). Vary your protein routine—choose more fish, beans, peas, nuts, and seeds.

Water—Not on the pyramid, but essential. Be sure you drink plenty of water, too, especially if you’ve been playing hard, hiking, or exercising.

Akela's OK

Date

Recorded by the den leader
Plan the meals you and your family should have for one day. List things your family should have from the food groups shown in the Food Guide Pyramid. At each meal, you should have foods from at least three food groups.

**Breakfast**

_____________________________________________________________________________
_____________________________________________________________________________
_____________________________________________________________________________
_____________________________________________________________________________

**Lunch**

_____________________________________________________________________________
_____________________________________________________________________________
_____________________________________________________________________________
_____________________________________________________________________________

**Dinner**

_____________________________________________________________________________
_____________________________________________________________________________
_____________________________________________________________________________
_____________________________________________________________________________

Help fix at least one meal for your family. Help set the table, cook the food, and wash the dishes.

Foods, dishes, knives, forks, and spoons must be clean. If they are dirty, you might get sick.
**Requirement 8d**

Fix your own breakfast. Wash and put away the dishes.

---

**Requirement 8e**

With an adult, help to plan, prepare, and cook an outdoor meal.

---

Akela’s OK  Date  Recorded by the den leader
You can be careful and safe and still have fun. It’s a lot more fun if you and other people don’t get hurt. Let’s learn how to be safe at home, and outside, too.
Responsibility

Know. Discuss these questions with your family: How does being responsible help us be safe? Within the past week, how did you show responsibility?

Commit. Discuss these questions with your family: What happens when people are not responsible? What things can make you forget to be responsible? What things will help you be more responsible?

Practice. Practice being responsible while doing the requirements for “Be Safe at Home and on the Street.”

WITH AN ADULT, check your home for hazards and know how to make your home safe.

Keep tools and toys in their places.

Keep storage areas clear of waste and trash.

Use a step stool and stepladder to reach high places.

Be sure poisons are marked and stored where children can’t get them.
Dry your hands before touching an electric switch.

Keep stairs clear. Help put things where they belong in closets, the attic, basement, or storeroom.

Keep closets neat.

Know where the water shutoff valve is.

Know where the electric fuse box or circuit breaker box is.

Know what to do if you smell gas or propane in your home.

Be sure your home has at least one smoke detector. Check the battery.

Plan a family escape route from your home. Draw a floor plan and show the ways your family can get out in case of fire. Know where to meet outside.

Ask an adult to keep gasoline and other dangerous things marked and away from fires or strong heat.
Keep matches where small children cannot reach them. **NEVER PLAY WITH MATCHES!**

Know where the fire exits are in every building you enter. Look for EXIT signs.

![EXIT sign]

Visit a fire station to learn how you can prevent fires.

**NOTE for Akela:** Have your Cub Scout make a list of things he should do in case of fire.

---

**REQUIREMENT**

**9d** Practice good rules of street and road safety.

Don’t play in the street.

Walk on the left side of the road when there is no sidewalk. Face traffic, watch out for cars.

Obey traffic signs.

Wear your seat belt while riding in a vehicle.
If you have to ride in the road, keep to the right. Always ride with traffic.

Always wear a bicycle helmet.

Ride your bike in a safe place.

Watch out for others.

Don’t be a show-off.

Cross at crosswalks. Watch traffic and look both ways before you step into the street.

**REQUIREMENT:** Know the rules of bike safety.  

If you have to ride in the road, keep to the right. Always ride with traffic.

Always wear a bicycle helmet.

Ride your bike in a safe place.

Watch out for others.

Don’t be a show-off.
Watch out for drain grates.

Check your bike to make sure that everything is working properly.

With your left arm, show others what you are going to do.

Left turn  Right turn  Stop or slow

Always wear a bicycle helmet.

NOTE for Akela: Boys must always wear a bicycle helmet that is approved by the Consumer Product Safety Commission (CPSC) or, for older helmets, Snell or ASTM.
Here are some things to do that are fun for everyone. There are games to play, places to go, and things to do with your family.
Do requirement a and do TWO of requirements 10b through 10g.

**Know.** Discuss these questions with your family: What is “cooperation”? Why do people need to cooperate when they are doing things together? Name some ways that you can be helpful and cooperate with others.

**Commit.** Discuss with your family what makes it hard to cooperate. How do listening, sharing, and persuading help us cooperate?

**Practice.** Practice being cooperative while doing the requirements for “Family Fun.”
REQUIREMENT

10b

Make a game like one of these. Play it with your family.

Eagle Golf
Take turns dropping beans straight down into a small tin can. Each time a bean goes into the can is 1 point. To win, you must get as many points as you are old before the other players do.

Beanbag Archery
The leader tosses a beanbag out as a target. The other players try to hit it. The closest one becomes the leader for the next toss.
Plan a walk. Go to a park or a wooded area, or visit a zoo or museum with your family.

Read a book or Boys’ Life magazine with your family. Take turns reading aloud.
Decide with Akela what you will watch on television or listen to on the radio.

Attend a concert, a play, or other live program with your family.
Have a Family Board Game Night at home with members of your family.
A Cub Scout promises to do his duty to God. What is your duty to God? How do you do it? Your family can help you learn about God.
Faith

Know. What is “faith”? With your family, discuss some people who have shown their faith—who have shown an inner strength based on their trust in a higher power or cause. Discuss the good qualities of these people.

Commit. Discuss these questions with your family: What problems did these faithful people overcome to follow or practice their beliefs? What challenges might you face in doing your duty to God? Who can help you with these challenges?

Practice. Practice your faith while doing the requirements for “Duty to God.”
REQUIREMENT 11b

Talk with your family about what they believe is their duty to God.

Cub Scout Promise

I, ....................,
promise to do my best
To do my duty to God and my country,
To help other people, and
To obey the Law of the Pack.

Akela's OK    Date    Recorded by the den leader

REQUIREMENT 11c

Give two ideas on how you can practice or demonstrate your religious beliefs. Choose one and do it.

Akela's OK    Date    Recorded by the den leader
REQUIREMENT

11d  Find out how you can help your church, synagogue, mosque, temple, or religious fellowship.

I found out that I can ________________________________

___________________________________________________

___________________________________________________

___________________________________________________

___________________________________________________

___________________________________________________

___________________________________________________

___________________________________________________

Akela's OK  Date  Recorded by the den leader
Religious Emblems Program

As a Cub Scout, you may earn the religious emblem of your faith. Talk to your religious leader about it.

- **Metta** Buddhist
- **Aleph** Jewish
- **Love for God** Meher Baba
- **God and Me** Protestant
- **Bismillah** Islamic
- **Unity of Mankind** Baha’i
- **Saint George** Eastern Orthodox
- **Saint Gregory** Armenian Churches (Eastern Diocese)
NOTE for Akela: Ask your religious leader or local council service center about the religious emblems programs available to Cub Scouts.
We have to make choices all the time. What to do. Where to go. Who to be with. Doing these requirements with an adult family member will help you learn how to make the best choices.
Do requirement a and do FOUR of requirements 12b through 12k.

**Complete the Character Connection for Courage.**

**Know.** Discuss with your family what “courage” is? Review the requirements and discuss how you might need courage in each one to do what is right.

**Commit.** Give some examples of when it is hard to do the right thing. Discuss with your family times that it might take courage to be honest and kind. Tell about a time in your life when you needed to be brave or courageous to do the right thing.

**Practice.** Practice learning about courage while doing the requirements for “Making Choices.” With family members, act out the choices you would make for some of the requirements.

**Achievement 12**
There is an older boy who hangs around Jason’s school. He tries to give drugs to the children. What would you do if you were Jason?

I would ________________________________________________

________________________________________________________

________________________________________________________

________________________________________________________

______________________________________________

________________________ _______________

Akela’s OK    Date    Recorded by the den leader

Lee is home alone. The phone rings. When Lee answers, a stranger asks whether Lee’s mother is home. She is not. Lee is alone. What would you do if you were Lee?

I would ________________________________________________

________________________________________________________

________________________________________________________

________________________________________________________

______________________________________________

________________________ _______________

Akela’s OK    Date    Recorded by the den leader
**REQUIREMENT 12d**

Justin is new to your school. He has braces on his legs and walks with a limp. Some of the kids at school tease him. They want you to tease him, too. What would you do?

I would ________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________
**REQUIREMENT 12f**

Matthew’s grandmother gives him money to buy an ice-cream cone. On the way to the store, a bigger boy asks for money and threatens to hit Matthew if he does not give him some money. If you were Matthew, what would you do?

I would ________________________________________________

________________________________________________________

________________________________________________________

I would ________________________________________________

________________________________________________________

________________________________________________________

__________ _______________
Akela’s OK Date Recorded by the den leader

**REQUIREMENT 12g**

Chris and his little brother are home alone in the afternoon. A woman knocks on the door and says she wants to read the meter. She is not wearing a uniform. What would you do if you were Chris?

I would ________________________________________________

________________________________________________________

________________________________________________________

I would ________________________________________________

________________________________________________________

________________________________________________________

__________ _______________
Akela’s OK Date Recorded by the den leader
Sam is home alone. He looks out the window and sees a man trying to break into a neighbor’s back door. What would you do if you were Sam?

I would ____________________________________________
____________________________________________________
____________________________________________________
____________________________________________________

Mr. Palmer is blind. He has a guide dog. One day as he is crossing the street, some kids whistle and call to the dog. They want you and your friends to call the dog, too. What would you do?

I would ____________________________________________
____________________________________________________
____________________________________________________
____________________________________________________

Akela’s OK  Date  Recorded by the den leader

Akela’s OK  Date  Recorded by the den leader
Some kids who go to Bob’s school want him to steal candy and gum from a store, which they can share later. Bob knows this is wrong, but he wants to be popular with these kids. What would you do if you were Bob?

I would ________________________________________________________________

______________________________________________________________

______________________________________________________________

______________________________________________________________

______________________________________________________________

______________________________________________________________

______________________________________________________________

Paul and his little sister are playing outdoors. A very friendly, elderly woman stops and watches the children for a while. Paul doesn’t know the woman. She starts to talk with them and offers to take Paul’s little sister on a walk around the block. What would you do?

I would ________________________________________________________________

______________________________________________________________

______________________________________________________________

______________________________________________________________

______________________________________________________________

______________________________________________________________

______________________________________________________________

Akela’s OK ___________________________ Date ___________________________ Recorded by the den leader
When you have filled in 58 of my tracks through all 12 parts of the Wolf trail, you have earned the right to wear my BADGE.

Your Wolf badge will be presented at the pack meeting.

You Are Now a

**Wolf Cub Scout.**