McGimsey Tower Participant Safety Brief

Paperwork & Personnel

— Medical Forms – “Everyone has one filled out & signed?”
— Hold Harmless Forms – “Everyone has one filled out & signed?”
— ____________________________ is certified in First Aid
— ____________________________ is certified in CPR
— “No, you can’t participate.” for incomplete form. Example: no parental signature

Participant Instructions

— Behavior
  o Review Challenge by Choice. This activity is not competitive.
  o Don’t be mean to each other. We want to be encouraging. Parents, please refrain from being over-zealous. Let the instructors talk the kids through challenges.
  o Review Standards for Behavior ie Goof around, ignore commands, = go home
— Dress
  o Take off & place in backpack all rings, earrings, watches, other jewelry, knives, pens, pencils, other sharp objects, and cell phones
  o Shirts must be tucked inside your pants
  o Pull back long hair into a ponytail so it does not get caught in equipment
  o Wear a helmet inside Fall Zone - the telephone pole mulch ring
  o Harnesses need to be tight. Instructors will help put on & adjust harnesses. Do not climb unless your harness & helmet have been CHECKed.
— Let’s go over these commands “On Belay? Climbing? Rappelling?” Communicate with your belayer
— You may be taught how to belay each other. You will give undivided attention to your job as belayer and ensure you keep participants safe.
— The Staff will be giving you further instructions during the day’s activities. Listen to them and follow their directives.
— Safety is the concern of everyone on staff and is your concern too. If you see something that is unsafe, please tell an Instructor

In Case of Emergency

— Follow the directions of the Lead Instructor
— Everyone gets to a safe spot & comes a halt.
— Do what instructors, unit leaders, parents tell you to do. It may be as simple as keep out of the way emergency personnel can do what they need to.

Revised by ZPS 2019-7